# Really relaxed or deeply depressed?

## Low arousal states and animal welfare

Workshop at BOKU Vienna, 19<sup>th</sup> - 20<sup>th</sup> of September 2018



#### Aim of the workshop

How do you feel when doing nothing? Simply relaxed or rather bored? Or perhaps even depressed? Animal emotions play an increasingly important role in animal welfare science but only very little is known about low arousal states and their consequences for animal welfare.

We aim to bring together scientists from different disciplines to discuss the following questions:

- What have been recent methodological approaches to study and to differentiate between positive and negative low arousal states? What are potential avenues for future research?
- What do the various forms of low arousal states mean for animal welfare?
- What can we learn from human psychology?

#### **Invited speakers**

- David Fraser, The University of British Columbia, Canada
- Rebecca Meagher, University of Reading, United Kingdom
- John Eastwood, Boredom Lab at York University, Canada
- Lorenz Gygax, Humboldt University of Berlin, Germany

#### Format of the workshop

The presentations by the four invited speakers will be followed by extensive time for discussion. Moreover, we will organise two workshop sessions to stimulate further dialogue on beforehand-specified questions. We will also have a poster session with contributions from the wider field of animal emotion.

More information and the final programme will be available in due course. There is no registration fee. Delegates will need to organise their own accommodation.

#### **Poster contributions**

We welcome poster contributions to the field of animal emotion. Please submit an abstract with a maximum of 250 words until the 31<sup>st</sup> of July 2018 to low-arousal-workshop@boku.ac.at.

#### Registration

Please register until the 31<sup>st</sup> of August 2018 by sending an email to low-arousal-workshop@boku.ac.at.



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